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**Recipes For You
And Your Family
(Slow Cooker
Moroccan Cookbook)**
Moroccan

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Cookbook)

100 deliciously simple one-dish recipes Cooking using just a single pot is liberating, satisfyingly efficient and relatively inexpensive. There's less juggling of different elements, no

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complicated techniques, little space required and less washing up to do.

What's not to like? You can cook in one pot for one person or one hundred - all you have to do is scale up or down ingredients - perfect for solo cooks, families and anyone

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wanting to rustle up a feast for friends. Including 100 dishes to be cooked in a pot, tray or pan comprising lighter meals, such as soups, baked eggs and frittatas ro hearty dishes like stews, tagines and curries, plus about 10 desserts. Chapters are divided into

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Eggs, Poultry, Meat, Fish, Vegetables,
Rice, Grains & Pasta and Sweet
Things with an international mix of
dishes, including Mexican Fried Eggs,
Kung Pao Chicken, Italian Beef Stew,
Moroccan Lamb Tagine,
Spanakopita, Chettinad Tomato Rice

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Tagine Recipes For You And Your Family (Slow Cooker Moroccan Cookbook) and Coffee Crema Catalana. So let 'gourmet grande dame' (Nigel Slater)

Darina Allen show you how to make her tasty, tried and trusted recipes - in just one pot.

Start your journey to better health and fitness now with The Body Coach and

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Tagine Recipes For You And
the bestselling diet book of all time!

Your Family (Slow Cooker Moroccan Cookbook)

Eat more. Exercise less. Lose fat. In his first book, Joe Wicks, aka The Body

Coach, reveals how to shift your body fat by eating more and exercising less.

Lean in 15 – The Shift Plan features a hundred recipes for nutritious, quick-

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to-prepare meals – including his bad-boy burrito and oaty chicken – and

guides you through Joe's signature

HIIT (High Intensity Interval

Training) home workouts –

revealing how to combine food and

exercise to ignite intense fat-burning.

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It will teach you how to fuel your body with the right food at the right time so you burn fat, build lean muscle and never go hungry. Easily add simple, nutritious Mediterranean Diet recipes into your daily routine. Numerous scientific

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and medical studies have proven that the Mediterranean Diet is one of the most effective diets for losing weight and improving overall health. The Quick and Easy Mediterranean Diet Cookbook will give you over 75 fast and delicious Mediterranean Diet

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recipes, packed with fresh foods, whole grains, and healthy fats, so you can experience the benefits of

Mediterranean eating right away.

With easy meal plans, shopping lists, and recipes bursting with flavor, The Quick and Easy Mediterranean Diet

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Cookbook will make your path to better health simple and enjoyable.

The Quick and Easy Mediterranean Diet Cookbook will give you all the tools you need to make fast Mediterranean Diet recipes, with: More than 75 quick and easy

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Mediterranean Diet recipes, including Cinnamon Pumpkin Oatmeal, Tomato Almond Pesto, and Agave Glazed Salmon A comprehensive list of Mediterranean Diet foods to add to your shopping list Steps for saving both time and money through weekly

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meal planning Practical tips for making quick and flavorful Mediterranean Diet meals using the tools and ingredients you already have on hand The Mediterranean Diet is more than just another fad diet – it is a healthy way of life that anyone can

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enjoy. The Quick and Easy Mediterranean Diet Cookbook will help you incorporate Mediterranean Diet recipes into your kitchen repertoire, with amazing results. These hearty one-pot meals, flavoured with fragrant spices, are

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cooked and served from an elegant, specially designed cooking vessel, also called a tagine. In Ghillie Basan ' s collection of deliciously authentic recipes you will find some of the best-loved classics of the Moroccan kitchen.

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Explains the rituals of the Moroccan table, describes the basic techniques of Moroccan cooking, and presents recipes for appetizers, soups, salads, main dishes, and desserts

If you love to eat Thai food, but don ' t know how to cook it, Kris

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Yenbamroong wants to solve your problems. His brash style of spicy, sharp Thai party food is created, in part, by stripping down traditional recipes to wring maximum flavor out of minimum hassle. Whether it ' s a scorching hot crispy rice salad, lush

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coconut curries, or a wok-seared pad Thai, it's all about demystifying the universe of Thai flavors to make them work in your life. Kris is the chef of Night + Market, and this cookbook is the story of his journey from the Thai-American restaurant classics he grew

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eating at his family ' s restaurant, to the rural cooking of Northern Thailand he fell for traveling the countryside. But it ' s also a story about how he came to question what authenticity really means, and how his passion for grilled meats, fried

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chicken, tacos, sushi, wine and good
living morphed into an L.A. Thai
restaurant with a style all its own.

BOOK OF THE YEAR 2016 in the
Daily Telegraph, Guardian and
Observer This modern vegetarian
bible has 200 recipes for tempting

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food which will make you feel amazing Alice Hart is a food expert and an incredible cook. Delicious and healthy vegetarian recipes are intrinsic to her cooking (not that the odd indulgence doesn't feature). Alice cooks colourful and natural

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ingredients with taste and enjoyment in mind. This book covers a wide range of nourishing, vegetarian food, featuring chapters on Mornings, Grazing, Quick, Thrifty, Gatherings, Grains, Raw-ish and Afters. With recipes from a raw Thai salad to

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hearty quesadillas to a vegan
chocolate layer cake, this book will
speak to everyone who loves

delicious, feel-good food

THE CLASSIC COOKBOOK

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OF THE YEAR 2014 FOOD &
TRAVEL AWARDS BOOK OF THE
YEAR 2015 "Loving Persiana" -
Nigella Lawson "An instant classic" -

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Observer Food Monthly "The most
exciting debut cookbook of the year"
- Sunday Telegraph Stella

"Sumptuous, thrilling, learned and
downright brilliant" - Mail on Sunday

"Brilliant for the novice, the time-
poor and even the seasoned cook" -

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Guardian "Will have you salivating with Pavlovian gusto on page after page" - Independent "This is Ottolenghi with rocket fuel" - Times "Enchanting" - Saveur Sabrina Ghayour's internationally bestselling debut cookbook is a celebration of

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the food and flavours from the regions near the Southern and Eastern shores of the Mediterranean Sea, with over 100 recipes for modern and accessible Middle Eastern dishes, including Lamb & Sour Cherry Meatballs; Chicken, Preserved Lemon

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& Olive Tagine; Blood Orange &
Radicchio Salad; Persian Flatbread;
and Spiced Carrot, Pistachio &
Coconut Cake with Rosewater
Cream.

Washington Post Bestseller! — Jenn
Segal ' s Family-Friendly Healthy

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Cookbook If you ' re a fan of Chrissy Teigen, Skinnytaste, Pioneer Woman, or Oh She Glows cookbooks, you ' ll love Once Upon a Chef Become the favorite family chef: Once upon a time Jenn Segal went to culinary school and worked in fancy

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restaurants. One marriage and two kids later she created Once Upon a Chef, the popular blog that applies

her tried-and-true chef skills with delicious, fresh, and approachable ingredients for family-friendly meals. In Jenn's book she shares 100 recipes

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that will up your kitchen game while surprising you with their ease. With the authority of a professional chef and the practicality of a busy working mom, Jenn teaches you to improve your cooking one recipe at a time, with helpful tips on topics such as

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how to season correctly with salt, how to balance flavors, and how to make the most of leftovers. The healthy

cookbook for every meal of the day:

Breakfast favorites like Maple,

Coconut & Blueberry Granola and

Savory Ham & Cheese Waffles Simple

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soups, salads, and sandwiches for ideal lunches (try the Fiery Roasted Tomato Soup paired with Smoked

Gouda & Pesto Grilled Cheese Sandwiches) Entrées the whole family will love like Buttermilk Fried Chicken Tenders Tasty treats for

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those casual get-togethers like Buttery Cajun Popcorn and Sweet, Salty & Spicy Pecans Go-to sweets such as Toffee Almond Sandies and a Classic Chocolate Lover's Birthday Cake If you have used recipes from Magnolia Table or Smitten Kitchen, you will

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want to own *Once Upon a Chef: Flip through the pages of this book, and you'll want to make every recipe—whether it's an easy family dinner your kids will love, an indulgent dessert for someone special, or fun cocktails and appetizers for*

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Tagine Recipes For You And your friends. This is the book you'll turn to again and again, and with Jenn Your Family (Slow Cooker Moroccan Cookbook) by your side in the kitchen, every meal will taste like the best night out!

[Leon Fast & Free](#)

[Lizzie Loves Healthy Family Food](#)

[Vegetarian Tagines & Cous Cous](#)

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Mary Berry Cooks The Perfect
65 delicious recipes for authentic
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Recipes from the Middle East &
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12 Best Foods Cookbook

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Discover the enchanting Arabesque by Claudia Roden. Claudia Roden returns to the countries of Turkey, Lebanon and Morocco in search of new and old recipes and to find out how cooking has evolved since she first introduced us to these cuisines in the 1960s. The

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result is a tribute to the different culinary histories and contemporary food of these fascinating countries,

from the mezze dishes of Turkey and the sweet pastries of Lebanon to the unmistakable flavours and spices of Morocco. In her inimitable style, in Arabesque Claudia Roden has created

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Tagine Recipes For You And Your Family (Slow Cooker Moroccan Cookbook) a passionate, evocative book full of stories, memories and delicious food.

Praise for Claudia Roden: 'Claudia Roden is no more a simple cookbook writer than Marcel Proust was a biscuit baker. She is, rather, memorialist, historian, ethnographer, anthropologist, essayist, poet ...'

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Simon Schama 'Every one of Claudia's books introduced us to a delicious new world' Sam and Sam Clarke 'Roden's great gift is to conjure up not just a cuisine but the culture from which it springs' Nigella Lawson 'Claudia Roden's writing has the fascination of her conversation. Her books are

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treasure-houses of information and mines of literary pleasures' Observer

As well as writing cookbooks and presenting cooking shows on the BBC, Claudia Roden is also a cultural anthropologist based in the United Kingdom. Born and brought up in Cairo, she finished her education in

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Paris before moving to London to study art. With the publication of her bestselling classic, *A Book of Middle Eastern Food* in 1968, Claudia Roden revolutionized Western attitudes to the cuisines of the Middle East. Since then she has published nine other books, including the award winning classic,

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The Book of Jewish Food, and has won no fewer than six Glenfiddich

awards for her writing. Her other books include A Book of Middle Eastern Food, The Food of Italy, Mediterranean Cookery and The Food of Spain.

This beautiful book uses the

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ingredients and techniques of Moroccan cooking to introduce dishes that are as much fun to make and serve as they are to eat.

****FREE SAMPLER**** 'LEON was the first restaurant on the high street to pay attention to a new way of eating - championing gluten-, dairy- and sugar-

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free food. We've always done it. It's always done us and our customers good. Now it's time to stop it being a secret.' - John Vincent, LEON co-founder Take a sneak peak at Leon: Fast & Free before it publishes in January. Each recipe in this beautiful cookbook is completely gluten-, dairy-

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Tagine Recipes For You And Your Family (Slow Cooker Moroccan Cookbook) and refined sugar-free, with many following a 'paleo' formula (LEON's version of Paleo). From recipes for gluten-free Spaghetti Vongole to chocolate beetroot cake, breakfast dahl to chicken and olive tagine, this book will contain recipes for every meal of the day and every occasion.

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With this exclusive free sampler discover recipes that prove that a free-from menu can be utterly delicious.

Every year, on November 18th Morocco, celebrates its independence from France and honors the eventual return of King Mohammed to the Moroccan throne. Independence Day

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is a national holiday in Morocco. It's a day of celebration and joy. A grand reception takes place at the Imperial Palace along with colorful parades. Street vendors sell traditional food to mark the day's celebrations. Many, rank Moroccan cuisine as being amongst the best in the world. It is the

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culinary shining star of North African cooking. The heart of its traditional cuisine lies in exotic spices emitting their aromatic fragrance, with a strong emphasis on color and warmth. Now you too can soak up the spices of the souk with the ultimate cookbook; Feast for a King, a celebration of the best,

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Foreword by Sienna Miller. World-renowned beauty and make-up expert Wendy Rowe knows skin inside out. In this refreshing beauty book, Wendy will teach you how to keep your skin healthy and let your inner and outer

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beauty shine. Wendy has devised over 70 easy and delicious recipes

specifically designed to feed your skin with the nutrients it needs to glow.

Each of the recipes correlates to an essential skin-feeding ingredient that will help target specific skin problems and common complaints. From

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cucumbers, 'the internal cleanser', to limes, 'the natural astringent' and carrots, 'the immunity booster', there are also breakdowns of the vitamins and nutrients each of these familiar ingredients provide. And not only will there be methods for feeding your skin, there will also be suggestions on

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how to keep your skin pampered with recipes for homemade masks, scrubs, mists, cleansers and toners, as well as an informative troubleshooting section for confidence-zapping skin problems. Wendy provides specific advice for foods to embrace or avoid depending on your skin. Split into the four

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seasons, this stunning book can be dipped in and out of, or followed like a seasonal plan, and will ensure that you achieve beautiful, radiant skin all year round.

Top 25 Original Moroccan Tagine Recipes for You and Your Family It is time for you to travel into the depths of

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the Moroccan cuisine and discover its hidden secrets and mouth-watering recipes. Who said you do not get to taste and fall in love with the amazing and famous Moroccan Tagines without visiting Morocco? Now, you will have it in your home and in your own kitchen. Bonus Recipes This recipe book is

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strictly about Moroccan Tagines, but what is a Moroccan Tagine without Moroccan bread and preserved lemons?==> Scroll up and click the buy button to get your copy NOW.

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Experience the true taste of Morocco with these delicious aromatic vegetarian and vegan casseroles.

Named after the earthenware pot in which they are traditionally prepared, tagines are fragrantly spiced and comforting, easy to make, and sure to satisfy at every occasion. And

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prepared without meat (and often without dairy, too) they are not only economical, but also one of the best ways to enjoy seasonal produce. In this collection of authentic Moroccan recipes, you will find some of the best-loved tagines, from Lighter Tagines, such as Roasted Cherry Tomato

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Tagine with Feta and Preserved Lemon or Roasted Pear, Fig and Walnut Tagine with Fennel, to Hearty Tagines including Roasted Sweet Potato Tagine with Ginger, Cinnamon, and Honey or Spicy Carrot Tagine with Chickpeas, Turmeric, and Cilantro. Along with the tagines, you will find

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recipes for its traditional accompaniment, couscous, prepared in a variety of exciting ways, as well as recipes for appetizers and other dishes to serve alongside. Create your own aromatic feast, worthy of any Moroccan kitchen.

100 Clever Recipes and Tips from the

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World's Best Food Magazine
Authentic yet easy-to-prepare recipes
that take their inspiration from
Morocco.

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pot meals
Lose Weight & Get Fit
Moorish
Nourish your skin from the inside out
Delicious and Nutritious Meals You'll
All Enjoy
Vibrant recipes from the
Mediterranean

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'I've been submerged in the cuisines and food culture of Spain and Italy for well over a decade and explored the many regions of these magnificent countries with their markedly different styles and nuances.

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Throughout the years I've become more and more

intrigued by the regions where the Moorish influence has left a pronounced mark and combined seamlessly with the local flavours and ingredients to produce an

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exotic, full flavoured and vibrant cuisine.' Within these pages, Ben Tish explores this further with over 100 mouth-watering recipes guaranteed to delight anyone who eats at your table. Spices, fruits

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and incredible flavours that the Moors introduced, such as cumin, cardamom, saffron, coriander, ginger, apricots, watermelons and pomegranates were absorbed into the cultures of Spain, Sicily and Portugal, creating big

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flavoured dishes with a sun-soaked, exotic taste of North Africa and the Arabic world combined with local heritage, all of which can be found in this book. With chapters such as breakfast, brunch and bread, grilling

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*and smoking, fresh, and
sweet and sour, Ben offers
his own interpretations of
these classic recipes,
including shakshuka, red
prawn crudo, spiced venison
and quince pinchos, wood-
baked Moorish chicken pine*

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nut and raisin pie, slow
cooked fish and shellfish
stew with saffron and star
anise and octopus and smoked
paprika with black beans and
rice. This food to share and
enjoy, bringing a little
extra flavour to your

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kitchen.

*Few meals are more
satisfying than a hearty
tagine--the rich, fragrant
Moroccan stew that is served
from its own elegant cooking
vessel, also called a
tagine. Meat, poultry, fish,*

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or vegetables are simmered gently in the steam of the pot's conical lid, and the food, deliciously flavored with spices and fruit, remains tender and moist. In Ghillie Basan's collection of aromatic tagines you will

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find some of the best-loved classics of the Moroccan kitchen, such as Lamb Tagine with Prunes, Apricots, and Almonds, and the tangy Chicken Tagine with Green Olives and Lemon. Also included are less

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traditional but equally delectable recipes for beef and meatball tagines. If you enjoy a succulent fish dish, you can try Monkfish Tagine with Potatoes, Cherry Tomatoes, and Olives, or Red Mullet with Lemon and Mint.

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For vegetarians there is a varied choice, from a sweet, syrupy tagine of Yams, Carrots, and Prunes to a summery dish of Artichoke Hearts with Peas and Saffron. Every recipe includes suggestions for

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accompaniments and side dishes. The perfect introduction to the distinctive tastes of Morocco. Ghillie Basan has worked in different parts of the world as a cookery writer, restaurant critic

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and journalist. She is
Cordon Bleu trained and has
a degree in Social
Anthropology. She has
written a number of highly
acclaimed books on classic
cuisines of the Middle East
and South-east Asia, and her

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food and travel articles have appeared in the Sunday Herald, Scotland on Sunday and BBC Good Food Magazine. Original Moroccan Tagine Recipes for You and Your Family It is time for you to travel into the depths of

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*the Moroccan cuisine and
discover its hidden secrets
and mouth-watering
recipes. Who said you do not
get to taste and fall in
love with the amazing and
famous Moroccan Tagines
without visiting*

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Morocco? Now, you will have
it in your home and in your
own kitchen. Bonus Recipes
Moroccan Cookbook)
This recipe book is strictly
about Moroccan Tagines, but
what is a Moroccan Tagine
without Moroccan bread and
preserved lemons? Grab a

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copy of book now and get them for free!! This cookbook has been edited and updated (14/06/2018). ==> Wait No More! Grab The Best Tagine Recipes TODAY, and start enjoying cooking again!

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Tagine Recipes For You And Your Family (Slow Cooker Moroccan Cookbook)

Paula Wolfert's name is synonymous with revealing the riches of authentic Mediterranean cooking, especially the cuisine of Morocco. In The Food of Morocco, she brings to bear more than forty years of

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experience of, love of, and original research on the traditional food of that country. The result is the definitive book on Moroccan cuisine, from tender Berber skillet bread to spiced hariria (the classic soup

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Tagine Recipes For You And Your Family (Slow Cooker Moroccan Cookbook) made with lentils and chickpeas), from chicken with tangy preserved lemon and olives to steamed sweet and savoury breast of lamb stuffed with couscous and dates. The recipes are clear and inviting, and infused

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with the author's unparalleled knowledge of this delicious food. Essays illuminate the essential elements of Moroccan flavour and emphasise the accessibility of once hard-to-find ingredients such as

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saffron, argan oil and Moroccan cumin seed.

Tagines are the rich and aromatic casseroles that form the basis of traditional Moroccan cooking. These hearty one-pot meals, flavoured with

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fragrant spices, are cooked and served from an elegant, specially designed cooking vessel, also called a tagine. In Ghillie Basan's collection of deliciously authentic recipes you will find some of the best-loved

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*classics of the Moroccan
kitchen, such as the
sumptuous Lamb Tagine with
Dates, Almonds and
Pistachios, and the tangy
Chicken Tagine with
Preserved Lemon, Green
Olives and Thyme. Also*

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included are less traditional but equally delicious recipes for beef and fish – try Beef Tagine with Sweet Potatoes, Peas and Ginger or a tagine of Monkfish, Potatoes, Tomatoes and Black Olives. Hearty

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vegetable tagines include

Baby Aubergine with

Coriander and Mint, and

Butternut Squash, Shallots,

Sultanas and Almonds.

Recipes for variations on

couscous, the classic

accompaniment to tagines,

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Tagine Recipes For You And Your Family (Slow Cooker Moroccan Cookbook) are also given plus plenty of ideas for fresh-tasting salads and vegetable side dishes to serve as part of your Moroccan-style feast. Presents an introduction to the food of Morocco, with eighty recipes for

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appetizers, tagine, couscous
dishes, and stuffed
pastries, along with a
discussion of the country's
history and diverse culinary
culture.

Peri-peri chicken, cottage
pie, fudgy chocolate

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brownies – this is diet food with a difference. Following on from the No.1 bestseller Lose Weight for Good, top chef Tom Kerridge shows you how to shed the pounds and kick-start a more active lifestyle with ALL of the

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maximum-taste, lower-calorie recipes from his upcoming BBC2 TV series. Expect MASSIVE FLAVOURS and NUTRITIONAL POWER-PUNCHES! Having lost more than 12 stone in the last five years, Tom knows from

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experience how important it is to motivate yourself to start dieting and exercising – and to stay on track.

'When I first set out to lose weight, I concentrated mainly on what I was eating,' he says. 'But now I

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Tagine Recipes For You And Your Family (Slow Cooker Moroccan Cookbook) know that it's to do with fitness as well: the two working together is the winning formula for getting maximum results and maintaining those results long term. And the number one rule when it comes to

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Tagine Recipes For You And Your Family (Slow Cooker Moroccan Cookbook) not only sustains you through the day, but provides fantastic tastes and textures with each mouthful.' With light bites and veggie feasts,

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meal-prep to see you through the week and tasty sweet treats, Tom has got it covered. The focus is on BOLD FLAVOURS and BIG PORTION SIZES, so you'll never go hungry and you'll always feel satisfied.

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Recipes include Quick black dhal; Steak tacos with burnt corn salsa; Charred mackerel and potato salad; Lamb bhuna; blueberry meringue sundaes and many more. At the back of the book, you'll find a fantastic bonus

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chapter with a workout that will help you get started with a healthier lifestyle, no matter where you're at now. It's all about taking control of your life in a positive way, so get ready to EAT better, DO more and

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*LOSE WEIGHT with Tom
Kerridge! (Slow Cooker*

Small Scale, Big Flavor!

*Even if you have a smaller
household, you can still
take advantage of the ease,
convenience, and versatility
that are the hallmarks of*

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slow cookers. These 125 recipes are for delicious meals specially created for preparation in a small (11/2- to 31/2-quart) slow cooker. Beth Hensperger showcases fresh, wholesome ingredients (rather than

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relying on packaged convenience foods) to create fabulous brand-new dishes and contemporary takes on classic favorites, including Moroccan-Spiced Tomato Chicken with Almonds, Individual Pot Roasts,

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*Jerked Pulled Pork with Rum
Barbecue Sauce, Fresh Corn
Risotto, and Chipotle Black
Bean Vegetable Soup. The
flavors are so big, the
small slow cooker can barely
contain them! Praise for Not
Your Mother's Slow Cooker*

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Tagine Recipes For You And Your Family (Slow Cooker Moroccan Cookbook) "These capable cooks wrest slow cooking from the back cupboard of uncertainty ... with a wide range of sound recipes and advice for every meal.... For today's home cook, this is a comprehensive and multi

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- cultural guide back to slow food, and a friend in the struggle to keep us

cooking and eating at home.' ' - San Francisco

Chroniclea ' 'From meatloaf to soups to desserts, this book might make your oven a

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[Step by Step](#)

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Tagine Recipes For You And
[The New Vegetarian
Including Tantalizing
Recipes for Spice Blends and
Accompaniments
One Pot Feeds All
Morocco
Couscous and Other Good Food
from Morocco](#)

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[Delicious Thai Food to
Facilitate Drinking and Fun-
Having Amongst Friends A
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[100 high-flavour recipes for](#)

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[Lean in 15 - The Shift Plan](#)

[Ancient Traditions,](#)

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***Capturing the atmosphere
of Fez, cultural capital
of the medieval Moorish
world, Madame Guinaudeau
takes us behind closed
doors into the kitchens***

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and dining rooms of the old city. She invites us to a banquet in a wealthy home, shopping in the spice market and to the potter's workshop; shares with us

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the secrets of preserving lemons for a tagine; shows us how to make perfect Moroccan bread. "Traditional Moroccan Cooking is the ideal introduction to a

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*mouth-watering culinary
heritage and a vivid
description of an
ancient and beautiful
city.*

*Jamie's 15 Minute Meals
is a classic cookbook*

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*meant to arm readers
with the skills to
create great meals
quickly. In Jamie's
trademark style, the
recipes are methodical,
clever and fun-drawing*

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*on inspiration from all
over the world;
embracing the tastes
that we all love;
playing on classic
chicken, steak and pasta
dishes; looking at Asian-*

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inspired street food and brilliant Moroccan flavours; putting together great salads and so much more. These are some of the quickest and easiest meals

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Jamie's ever done. Experience the true taste of Morocco with these delicious aromatic vegetarian and vegan casseroles. Fragrantly spiced and comforting,

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*tagines are easy to
prepare and sure to
satisfy at every
occasion. And prepared
without meat (and often
without dairy, too) they
are not only economical,*

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but also one of the best ways to enjoy seasonal produce. In this collection of authentic Moroccan recipes, you will find some of the best-loved tagines, from

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***Lighter Tagines, such as
Roasted Cherry Tomato
Tagine with Feta and
Preserved Lemon or
Roasted Pear, Fig and
Walnut Tagine with
Fennel, to Hearty***

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Tagines including Roasted Sweet Potato Tagine with Ginger, Cinnamon and Honey or Spicy Carrot Tagine with Chickpeas, Turmeric and Coriander. Along with

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the tagines, you will find recipes for its traditional accompaniment, couscous, prepared in a variety of exciting ways, as well as recipes for

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***appetizers and other
dishes to serve
alongside. Create your
own aromatic feast,
worthy of any Moroccan
kitchen.***

From the author of the

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No.1 Bestseller

Kehdy's cookbook is an

inspired collection of

classics and innovative

dishes from a part of

the world which, at the

moment, is enjoying its

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overdue place in the sun. Her contribution is original, thoughtful and delicious. Go get it!

--Yottam Ottolenghi The Jewelled Kitchen takes you on an unforgettable

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adventure of Middle Eastern and North African cuisines. We are all familiar with a few mezze favourites hummus, falafel, tabbouleh and stuffed vine leaves but

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***Bethany offers up a
whole host of other
treasures. From Tuna
Tartare with Chermoula
and Sumac-Scented
Chicken Parcels, to
Cardamom-Scented***

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***Profiteroles and Ma
amoul Shortbread
Cookies, here are mouth-
watering dishes for you
to try. Bethany's
recipes stem from her
childhood, as she mixes***

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traditional country fare with cosmopolitan feasts, and adds contemporary twists. In The Jewelled Kitchen she unveils a culinary heritage that is as rich

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as it is diverse.
INCLUDING RECIPES FROM
JAMIE'S HIT CHANNEL 4 TV
SHOW KEEP COOKING FAMILY
FAVOURITES *Make everyday*
meals more exciting with
the No. 1 bestselling

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cookbook, featuring 120 exciting and tasty new recipes _____ Jamie has done his research to find out exactly what we, as a nation, love to eat. He's taken 18 of

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our favourite ingredients and created 7 new, easy and delicious ways to cook them. We're talking about those meal staples we pick up without

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***thinking - chicken
breast, salmon fillet,
mince, eggs, potatoes,
broccoli, mushrooms, to
name but a few. Jamie
will share 7 achievable,
exciting and tasty ways***

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to cook each of these hero foods, requiring minimal time, effort and a maximum of only 8 ingredients. Jamie's fun, delicious and nutritious recipes

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***include: · Crispy Salmon
Tacos · Prosciutto Pork
Fillet · Pepper &
Chicken Jalfrezi ·
Mushroom Cannelloni ·
Beef & Guinness Hotpot ·
Broccoli & Cheese***

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*Pierogi With everything
from fakeaways and
traybakes to family and
freezer favourites,
you'll find bags of
inspiration to help you
mix things up in the*

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kitchen. Discover 7 Ways, the most straight-forward cookbook Jamie has ever written.

_____ Readers can't stop cooking from Jamie's brilliant 7

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Ways: 'The new 5 Ingredients!' . 'By far the best cook book I have ever bought' 'Might just be the best Jamie book ever' . 'The best book ever' 'One of

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Tagine Recipes For You And
Jamie's best ideas' .

*'The best cook book I've
owned' 'Best Jamie book*

*ever' . 'My favourite
Jamie Oliver book'*

 *'Easy,
achievable and*

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delicious; Oliver has created another fail-safe cookbook for families and those of us who are stretched for time' Daily Telegraph

'This is perfect for

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*anyone stuck in a
cookery rut and in need
of some inspiration'*
*Daily Mail 'Simple,
affordable and delicious
food designed for all
the family' i 'Cooking*

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*dinner just got easier
(and tastier) with*

*Jamie's brilliant new
book 7 Ways' Mail on
Sunday*

*Find out how Mary Berry
cooks her recipes to*

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perfection Mary Berry Cooks the Perfect features over 100 exciting new recipes. What makes the book particularly special are the Keys to Perfection.

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For each recipe Mary identifies the crucial part to get right to guarantee best results, and then demonstrates it with step-by-step instructions. She

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reveals the secret to crisp pork crackling or melt-in-the-mouth salmon, how to bake a feather-light cake, or the key to a super-crunchy crumble topping.

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***Imagine Mary is in your
kitchen with you, saying
"watch out for this bit"
or "keep an eye on
that", while also
sharing many of the
techniques that she***

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*honed over the years.
There is a variety of
recipes for the whole
family to enjoy, quick
suppers to rustle up
after work, and
impressive dishes for*

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when you entertain. Some are tried and tested favourites with a new twist, others use a selection of new ingredients or flavour combinations. Mary knows

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the details in a recipe that make all the difference. Discover them in Mary Berry Cooks the Perfect.

OBSERVER RISING STAR IN FOOD 2018 'a book that

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*is infused with the
flavours of Morocco and
is as accessible as it
is inspiring' - Nigella
Lawson 'It practically
sings with aromatic
spices and ingredients'*

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**- Delicious. 'Breathes
new life into Moroccan
food' - BBC Good Food**

**Morocco is one of the
top destinations in the
world. This beautiful
North African country**

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***lies on the border of
Europe and the rest of
the Arab world, drawing
people in with its
colourful souks, vibrant
landscapes, cheerful
hospitality and, most***

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***importantly, the food.
Casablanca is the
exciting debut from
Moroccan chef Nargisse
Benkabbou. This book
features recipes for
simple and satisfying***

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dishes such as Artichoke, baby potato & preserved lemon tagine, Sticky ras el hanout & peach short ribs and Buttermilk chicken kebabs. Also featured

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are tasty western classics with a unique Moroccan twist: try your hand at Orange blossom, beetroot & goats' cheese galette, Roasted almond & rainbow couscous

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*stuffed poussin and
Moroccan mint tea
infused chocolate pots.
Nargisse breathes new
life into Moroccan
cuisine, blending that
authentic Moroccan*

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spirit and the contemporary to create accessible recipes for the everyday.

'Not only is she a brilliant cook, but she fundamentally knows what

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***is good and what is bad
in food.' Thomasina
Miers LIZZIE LOVES
HEALTHY FAMILY FOOD is
the cookbook every
health-conscious parent
needs in their life.***

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Nutritional health coach and mum of three Lizzie King knows how tough it can be to feed a family, fast, and keep them healthy: lack of time, fussy eaters and weaning

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babies can make any alternative to cooking from scratch seem tempting. LIZZIE LOVES HEALTHY FAMILY FOOD is here to help. Every recipe is quick-to-make,

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delicious, bursting with flavour and all the vitamins and minerals you and your children need to stay healthy. Every meal is free from refined sugar and

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gluten, and is instead packed with as much good stuff as possible. With an eye on cutting down prep time and making one meal work for everyone,

LIZZIE LOVES HEALTHY

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*FAMILY FOOD is the busy
parent's dream. You'll
also find Lizzie's
invaluable ten-step
guide to cracking fussy
eaters, nutritional
information on what*

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children need when and why, and a handy shopping list for your store cupboard staples. No longer will you stare blankly into the fridge wondering what to cook

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Tagine Recipes For You And
*your kids next! Complete
with over 100 wholesome
and delicious recipes,
helpful meal plans and
practical short cuts,
LIZZIE LOVES HEALTHY
FAMILY FOOD is the only*

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cookbook you and your family need to eat well, and be well, for life.

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[My Moroccan Food](#)

[Easy Ideas for Every Day of the Week](#)

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Arabesque

The Food of Morocco

Vegetarian Tagines &

Couscous

Free-from recipes for
people who really like
food

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Tagine Recipes For You And
Casablanca
A King's Feast
Recipes from Fez
Night + Market
25 Recipes for Slow-
Cooked Meals
7 Ways

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Tagine Recipes For You And
[MOB Veggie](#)

Identifies twelve important,
micronutrient-rich
foods--blueberries, black beans,
sweet potatoes, oatmeal, salmon,
edamame, broccoli, tomatoes,
walnuts, red onions, spinach, and
chocolate--that can help protect

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against major disease and promote optimal health and furnishes more than 250 taste-

tempting recipes that feature these essential ingredients.

Original. 30,000 first printing.

Since it was first published in 1973, Couscous and Other Good

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Food from Morocco has established itself as the classic work on one of the world's great cuisines, and in 2008 it was inducted into the James Beard Cookbook Hall of Fame. From the magnificent bisteeyas (enormous, delicate pies composed of tissue-

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thin, buttery layers of pastry and various fillings) to endless varieties of couscous, Paula Wolfert reveals not only the riches of the Moroccan kitchen but also the variety and flavor of the country itself. With its outstanding recipes, meticulous

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and loving research, and keen commitment to the traditions of its subject, this is one of those rare cookbooks that are as valuable for their good reading as for their inspired food.

A collection of two hundred recipes by an Australian celebrity

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chef draws on Mediterranean traditions to provide for every course and meal of the day, in a volume complemented by kitchen wisdom, culinary lore, and a wealth of food combination tips. 30,000 first printing.

Mary shows how being in a rush

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will never be a problem again.

Find brilliant 20- and 30-minute meals and enjoy wonderful dishes that can be swiftly assembled and then left to cook away while you do something else. Mary's utterly reliable, always delicious fast dishes tempt any tastebuds and

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her no-fuss expertise means you can cook from scratch and put mouth-watering home-cooked

food on your family's table without compromising on quality or freshness. This stunning cookbook includes over 120 new recipes, plus Mary's trademark no-

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nonsense tips and techniques for getting ahead in the kitchen so cooking is always stress-free.

Looking for a fast, satisfying supper? There's Crumble fish pie, Lamb tagine with preserved lemon or Pan-fried spiced falafels. Something special for Sunday

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lunch or dinner with friends? Roast Venison fillet and peppercorn sauce, 30-minute Beef ragu or Roast fillet pork with sage and mustard sauce followed by Upside-down rhubarb pudding. With Mary's trusted advice and recipes, discover how easy

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fantastic fast cooking can be.

Your Family (Slow Cooker

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tantalizing side of slow cooking with this one-stop guide to the delicious world of tagines. Named for the traditional Moroccan cooking vessel, these mouthwatering meals are

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simmered to perfection, ensuring every bite is infused with the maximum amount of flavor.

Including traditional recipes such as Chicken with Pomegranate and Walnuts and Fish with Chickpeas and Peppers, this deck also features modern classics that

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show the versatility of the tagine—such as Catalan Beef Ragout and Ossobuco alla Milanese. And with professional tips and tricks throughout, this deck makes it easy for anyone to master the fine art of tagine cooking.

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